



THE CHRYSLIS THEATRE
CAMPBILL MILTON KEYNES COMMUNITY

The Chrysalis Theatre is Camphill Milton Keynes Communities multi-functional venue. As well as running theatre workshops for people of all abilities, we can host fully-fledged theatrical productions, concerts, dance, cinema screenings, lectures, meetings, and conferences of all kinds. This beautiful and adaptable space has raked seating for 200 and cabaret-style tables for 150. We can provide refreshments in the foyer, on-site catering from our Camphill Cafe... excellent technical facilities for lighting, sound, projection and more!

Please visit our website www.chrysalismk.co.uk to find out what's on.



Camphill Milton Keynes Communities

Building Communities that live, work, learn and celebrate life together.

Address: Camphill Café, Japonica Lane, Willen Park South,
Milton Keynes, MK15 9JY

Tel No: 01908 308738

Web: www.camphillmk.co.uk

Email: Julia.funge@camphillmk.co.uk



WELCOME TO CAMPBILL CAFÉ



MENU

Customer Information

*Food is freshly prepared on the premises. Wherever possible we use our own produce and ethically sourced ingredients. Please ask for dietary and **allergen information** for any of our products some of which contain nuts, gluten, seeds, eggs, and soya.*

Camphill Milton Keynes Communities

More than 40-years ago, Camphill Milton Keynes was founded to provide support and a meaningful working life for adults with a wide range of learning difficulties. Today, over seventy residents live together in ten separate households. Together with employed staff they form a community of over one hundred and ninety people.

Our aim is to create a safe and stimulating environment, fully integrated into the surrounding community that allows individuals to develop in accordance with their own needs.

The Café is **open Monday to Friday 10am to 3.30pm**. The food we serve is vegetarian, freshly prepared on the premises and when available we use Camphill grown ingredients. The Café offers a peaceful atmosphere accompanied with good food and a first-class friendly service.

Our artisan Bakery supplies the Café with all its bread using organic flour. They also produce freshly baked cookies, cakes and a selection of breads and sour dough that is on sale in the café for you to purchase. Alongside this, our Garden produce of soft fruit, vegetable herbs and plants are sold for you to take home.

The Café is a Workshop for people with a wide range of abilities providing training in food preparation, food safety and customer care. We very much hope you enjoy coming to the café. You are invited to add your comments or suggestions to the Visitors' Book or speak directly to one of the team. If you would like more information about Camphill Milton Keynes Communities, please visit our website-

www.camphillmk.co.uk

www.facebook.com/camphillmiltonkeynes

Julia Funge – Day Opportunities Manager

Hot Beverages

Cappuccino or Latte	£3.00
Flat White.....	£3.00
Americano or Espresso	£2.50
Double Espresso.....	£3.00
Barley Cup (Caffeine Free).....	£2.50
Hot Chocolate.....	£3.50
English Breakfast Tea.....	£2.50
Earl Grey Tea.....	£2.50
Selection of Fruit and Herb Teas	£3.00

Chilled Beverages

Mineral Water –Sparkling.....	£2.00
Children's Milk Shake – Chocolate, Strawberry or Banana	£1.50
Organic Canned Lemonade, Cola or Cranberry.....	£2.50
Organic Canned- Ginger Ale or Elderflower	£2.50
Orange or Apple Juice.....	£3.00

Wine by the Glass

Dry white, ABV 12%	£4.95
Rose medium rose, ABV 12.5%	
Red Wine- medium bodied– ABV 13.5%	

Real Ale (330ml)

Local Guest Beer– our range changes according to the latest brews. Ask staff for details. ABV variable.	£4.00
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Served from 10am to 3:30pm

Homemade Cakes from the Counter£3.75

- Coffee and Walnut, Victoria Sponge, Chocolate Chip, Bakewell Tart, or Flapjack.
- Add custard or clotted cream£1.50

Vegan and Gluten free- Chocolate Raw Seed and Date Slice.

Vegan- Sticky Ginger,

Gluten Free- Lemon or Carrot Cake

Tea Cake or Toast

- Served with butter and Camphill Preserve£3.25

Sultana Scone,

- Served with butter and Camphill Preserve£3.25
- Served with Clotted Cream and Camphill Preserve£4.75

Cheese Scone

- Served with butter and Camphill Preserve£3.25
- Served with Cream Cheese and Camphill Chilli Jam£4.75

Lunch Served Between 12 and 2pm

Seasonal Soup of the Day – Please see the board

served with Camphill Bread and Butter£5.75

Add a Side Salad£3.00

House Special – Please see the board using Camphill Café unique recipes and creativity, this dish incorporates the best of the season to create a hearty vegetarian or vegan main meal.....£8.50

Grazing Platter – Choose from Vegan Pate or Brie, served with Herby Bean Salad, Picked Vegetables, Beetroot Hummus, Celery and Carrot Slaw, Olives and Sundried Tomatoes together with a selection of Camphill Bread.....£8.50

Jacket Potatoes – a baked potato served with a salad..... £5.75

Add fillings from the list below.....£1.25 each

Egg	Mushroom Pate	Baked Beans
Hummus	Sundried Tomatoes	Brie
Cheese	Olives	Coleslaw
		Goats Cheese

Simply Salad – a large selection of salads with coleslaw, £5.50

Add toppings from the list below £1.25 each

Egg	Mushroom Pate	Brie	Sundried Tomatoes
Cheese	Hummus	Goats Cheese	Olives

Add Camphill Bread and Butter or Rice Cakes£3.00

Sandwiches and Toasted Sandwiches.....£5.75

Camphill Fresh Baked Multi Seed Bread. Create your favourite sandwich combination using the following fillings:

Egg	Mushroom Pate	Coleslaw
Onion (no charge)	Sundried Tomato	Hummus
Cheese	Mixed Salad	Goats Cheese
		Brie

The price includes two filling additional fillings will be charged at £1.25 each.

Dessert of the Day– see the board.....£5.00.

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